



Open Space

E U R Y T H M Y

ADULT
MOVEMENT
CLASSES

Cobie Roelvert

021 671 4757

074 030 5251

The Joy of Movement

Gentle and invigorating
movement exercises for
Seniors 60 years and older
to enliven the soul and
bring joy to the heart

“Word and song made visible”

Wednesdays 10.00 to 11.00

Pinelands Library Hall
Howard Centre, Howard Drive
Pinelands

R240 per cycle of
4 lessons